

# 45<sup>th</sup> Buddy Program

Inspire. Empower. Mentor!

## Celebrating 45 years of mentoring

[\*\*CLICK HERE TO READ THE BUDDY PROGRAM'S 2017 ANNUAL REPORT!\*\*](#)

Greetings!

Everyone knows that relationships matter. If they didn't, *The Bachelor* franchise would not have the cult following that it does. But what we also know for sure is that **relationships matter to kids**. And they matter A LOT. In fact, research shows that young people are **more likely to grow up successfully** when they experience developmental relationships with important people in their lives. These relationships enable youth to discover who they are, cultivate their own unique abilities to shape their lives, and learn how to engage with others so that they can contribute positively to their community.

The Search Institute, a non-profit think tank dedicated to research on positive youth development, has identified **The Developmental Relationships Framework**, comprised of five elements, expressed in 20 specific actions, that make relationships *powerful* in young people's lives.

The Case Management team at the Buddy Program is excited to share with you our new focus on Developmental Relationships and the way we are using this framework to inspire and coach our Big Buddies to mentor with **intentionality**.

Beginning with an introduction during our New Mentor Training and continuing through monthly case management with our Big Buddies, the Buddy Program case managers are implementing a **Mindful Mentoring** approach in our work with our volunteers. Every two months, mentors receive an email on the element that is the focus for that timeframe and are asked to look for ways to apply the associated actions in their relationship with their Little Buddies. We are even utilizing the Developmental Relationships framework in our work with volunteer high school mentors in our Peer Mentoring program and the response has been overwhelmingly positive.

#### The Developmental Relationships Framework

Express Care	Show me that I matter to you.
Challenge Growth	Push me to keep getting better.
Provide Support	Help me complete tasks and achieve goals.
Share Power	Treat me with respect and give me a say.
Expand Possibilities	Connect me with people and places.

Donate now!

**CALLING ALL FORMER BIG AND LITTLE BUDDIES!**

*When I first started (as a mentor at the Buddy Program) I did not realize the need for this service in the community. I came from an underprivileged neighborhood when I was a kid. When I moved to Aspen I thought this issue would never be a concern. But I was wrong.*

- Steve Martin, former Big Buddy 1996-2005

**WE WANT TO RECONNECT WITH YOU!**

[\*\*CLICK HERE\*\*](#)

**THANK YOU TO THE FOLLOWING ORGANIZATIONS FOR THEIR SUPPORT THIS MONTH!**

While *The Bachelor* doesn't have a great track record for successful relationships, the **Buddy Program DOES**, with an average match length of **4.6 years--more than TWICE the national average!** And as we continue to evolve and strengthen our program practices, we hope to further increase our match length, improve match satisfaction and strengthen the relationships our mentors have with their mentees.

**Thank you for your support** of the Buddy Program which allows us to continuously evolve and enhance our programming and, in turn, our impact on youth in our community.

Stacy Grimm and the Case Management team:  
Ainhua Bujan, Jill Gruenberg and Clara Blakely

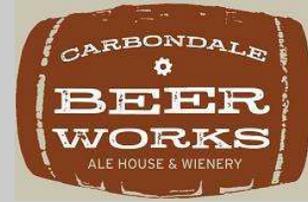


**Come One, Come All to the  
Big Top Bash for the Buddies on Friday, July 6!**

**Tables and Tickets are now on sale!**



**Click the image below to register for the Race and receive EARLY BIRD PRICING!**



## **APRIL ANNIVERSARIES**

**2007**

Susan Bernard & Arlette  
(Pictured)

**2014**

Dyle Hoskin & Obed

**2016**

Jon Hoistad & Salvador

**2017**

Dean Kinkel & Ubaldo



**BUDDIES IN ACTION**

EAST COAST  
ASSET MANAGEMENT  
MICHAEL CONNOLLY

PRESENTS THE 32ND ANNUAL  
**BOOGIE'S  
BUDDY RACE**

5 MILE RACE AND 1 MILE FAMILY FUN WALK  
July 4, 2018 | 8am start  
Rio Grande Park, Aspen, CO

**EARLYBIRD PRICING AVAILABLE NOW!**

**Buddy Program**  
Inspire. Empower. Mentor!



Michelle Goldberg with her School-based Buddy Chloe, and a posse of 1st graders! They would all love to have Michelle as their Big Buddy, and reportedly even think her name is "Buddy"!



Basalt High School Peer-to-Peer Big Buddies, Oswaldo and Alex, spoke to the rest of the BMS Peer-to-Peer group about the FULL scholarship they earned to attend college at CU Boulder. [Click here to read the full story!](#)

### ALPINE BANK COMPETITION

**VOTE for the Buddy  
Program and help us win  
\$4500!**

**VOTE FOR US!**

In celebration of National Volunteer Week this April 15-21, Alpine Bank is offering us a chance to win \$4500.



**It's EASY!**  
Just click on the links  
below...  
Be sure to tag The Buddy  
Program

Contest ends April 21st

[CLICK HERE FOR INFO!](#)

### MENTEE WAITLIST

**Name: Xiomara Age: 9 Lives in: Aspen**

Xiomara is an energetic 9 year old in Aspen who loves to ice skate and spend time outside. She wants a Big Buddy who likes to play and who she can try new activities with! Xiomara is a leader at her school, although she is a little shy when first getting to know someone. She is caring and respectful. Xiomara likes basketball, volleyball, and gymnastics. She got to try snowboarding for the first time last year and loved it. Xiomara also loves to sing and dance, and her favorite animal is a tiger because they are fast. Xiomara would benefit from an energetic Big Buddy who wants to experience new activities with her.



Contact Recruitment Manager, Laura Seay, for more information on becoming a Big Buddy! [LauraS@buddyprogram.org](mailto:LauraS@buddyprogram.org)

### NEW PAIRS

Welcome **Lizzi Brigham & Marilyn, Will Lennox & Maxi, Kevin Mix & Angus, and Jeremy Johnson & Tyler!**

Ready to post your photo?

[CLICK HERE FOR THE LINK](#)



STAY CONNECTED:

[#buddyprogramRFV](#)



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**MENTOR SPOTLIGHT**

**John's enthusiasm for life is rubbing off on his mentee**

While John Gilles has been paired with Collin, a 5th grade student in Aspen, for less than a year, he has rapidly formed an amazing bond. Through John's natural ability to connect with people, his consistency as a mentor, his playful nature, and his sarcasm-laden humor, John has found the magic touch needed to bring Collin out of his shell. John even tells his Case Manager that Collin shares his penchant for sarcasm. Among other activities, John has introduced Collin to fishing, soccer camps, and cooking. Being from England, John has even taught Collin how to make Shepard's Pie and he is working hard to craft him into a Manchester United soccer fan. Thank you John for being just the mentor that Collin needed and wanted.



**LEAD (Leadership through Exploration, Action and Discovery)**

**Living in and loving the outdoors with LEAD**



Our LEAD participants have been playing outside in the snow this month! The Carbondale Middle School Outdoor Leadership class just returned from Sylvan Lake where they spent three days snowshoeing, cooking,

playing games, and enjoying some solo/journaling time. Earlier this month, the Basalt High School and Roaring Fork High School Outdoor Leadership classes both snowshoed up West Buttermilk to have dinner at the warming hut; all in preparation for their 3 day hut trips to McNamara hut in early April. The Basalt Outdoor Leadership class completed their McNamara hut trip and snowshoed the 4.5 miles up to the hut. On the layover day, they hiked to the top of Bald Knob at over 11,000' for the incredible views. We've had an amazing month with lots of fun and we have made some incredible memories.

## COMMUNITY PROGRAM ACTIVITIES

### Annual Buddy Program Ski Day



On March 4th, The Buddy Program, in partnership with Aspen Skiing Company, hosted 20 Buddy Pairs at Buttermilk for a great day of skiing & boarding! The day was a big success with Buddies enjoying the slopes and a fabulous buffet lunch at Bumps. We even had a Buddy Pair learn to ski together! A big thank you to Aspen Skiing Company and Bumps for making this experience possible for our Buddy Pairs!

## THE CAPSTONE PROJECT

### Roaring Fork School District Seeking Community Experts

Are you interested in sharing your professional expertise with a local high school senior? Roaring Fork Schools is assembling a database of Community Experts for the Capstone Project, a graduation requirement for all seniors in the Roaring Fork School District. The Capstone Project provides students an opportunity to engage in real world and passion-driven projects, while consulting their Community Expert for support and expertise. The community's involvement in this program will expand students' horizons and ensure they have the knowledge, skills, and character that are fundamental to their success after graduation. Visit the Roaring Fork Capstone Project website for more information and to sign up.



