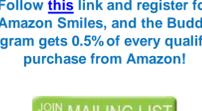




**In This Issue**

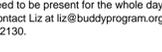
- [Become a Mentor!](#)
- [Aspen Science Center](#)
- [Community Anniversaries](#)
- [Community Yoga Class](#)
- [Moonstruck Basalt](#)
- [Aspen Art Museum Members Only](#)
- [Bikes for Life](#)
- [Letter from Executive Director](#)
- [Lemonade Day 2014](#)
- [Waitlist Little Buddies and New Pair](#)
- [LEAD](#)
- [Community Program Activities](#)



The Buddy Program page has 1,175 "Likes" and counting!



Donate while you shop!  
Follow this link and register for Amazon Smiles, and the Buddy Program gets 0.5% of every qualifying purchase from Amazon!



**Become a Mentor**

To date since January 1, 2014, we have received **29** new Big Buddy applications from people who want to join our program as a mentor! In 2013, we received 54 new Big Buddy applications total for the entire year! Get on board and call us today to learn how YOU can become a mentor! Please call Heather Hicks, Director of Recruitment, at 970-920-2130 or [click here](#) to fill out an online inquiry form for more information.

**Volunteer for the Buddy Program and Science!**

The Buddy Program will be sponsoring an exhibit at the Sunday Science Street Fair, hosted by the Aspen Science Center, on **Sunday, August 10th at Paepcke Park from 10 am to 4 pm**. This is a guaranteed FUN day of science! You will get to see Dr. Kaboutni perform his brand of science comedy, and check out all of the other unique displays!

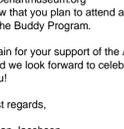


The Buddy Program will be having a few hands-on activities for kids, involving giant bubbles, dry ice, and Obbleck - a really cool demonstration where you can walk on cornstarch "quicksand." We are looking for a handful of volunteers to help out with setup and to help the kids as they have fun playing with the demos, and explain a little bit of the science that is going on.

We will be setting up in 2 to 3 hour time slots, so that you do not need to be present for the whole day. If interested, please contact Liz at [liz@buddyprogram.org](mailto:liz@buddyprogram.org) or 970-920-2130.

**July Buddy Anniversaries, Community Program**

- 2003**  
Bruce Gordon & T.J. K.
- 2004**  
Kristi Gilliam & Amber W.
- 2008**  
Adelaide Waters & Sophia H.  
(pictured at Outward Bound in 2010!)
- 2011**  
Stephen Watson & Max S.
- 2013**  
Lindsey Palardy & Angelica D.L.T.  
Nichelle McGrooy & Kenya A.  
Deborah Krigel & Monica M.  
Jacqueline Bosworth Deam & Nayeli R.  
Jared Goulet & Edgar O.



**Buddy Program to Benefit from July Community Yoga Class**

We would like to thank Bel and Emily Carpenter of The Vimana Yoga studio in Basalt who offer a monthly Community Yoga Class. This month, all proceeds from the Saturday, July 26th 9:00 am Hot Stretch Class with Bel will benefit The Buddy Program. The suggested donation is \$10. We can't think of a better way to kick-off the weekend. More at [www.thehottestspot.net](http://www.thehottestspot.net) or 970-927-1230. We hope to see you there!



**Moonstruck Recognition**

We would like to thank the Basalt Downtown Business Association for spotlighting the Buddy Program during Moonstruck on June 13 and making a generous donation. Don't miss out on this special summer evening in Basalt, August 10 is the last Moonstruck! Specials at local businesses and a scavenger hunt awaits you! [Click here](#) for more information.



**Members Only Week at the new Aspen Art Museum**

The Aspen Art Museum is honored to extend an invitation to you, as a supporter of the non-profits in Aspen, to join us as our guest and experience every benefit of being a member of the Aspen Art Museum, during our Members' Only opening week at the new Aspen Art Museum from August 3rd-8th, from 10:00am to 8:00pm and closed on Monday.

To join us, all that you need to do is send an RSVP email to [events@aspenartmuseum.org](mailto:events@aspenartmuseum.org) and let us know that you plan to attend and that you are a supporter of The Buddy Program.

Thank you again for your support of the Aspen non-profit community, and we look forward to celebrating our new facility with you!

With all kindest regards,

Heidi Zuckerman Jacobson  
CEO and Director



**Bikes for Life**

On Saturday, June 7th, seven Little Buddies each received a brand new bicycle from Bikes for Life, a program created in 2011 by the Children's Hospital of Colorado and UnitedHealthcare to help kids develop healthy lifestyle habits through bicycling. "I love my new bike and I have been riding the entire day. Thank you for this opportunity!" one of the Little Buddies wrote after receiving her bike. The Buddy Program would like to extend a heartfelt thank you to Jenna Weathered, Director of Children's Health Initiatives, Mountain Region, for giving our Little Buddies the opportunity to own a bike and stay healthy. Thanks, Jenna and Bikes for Life Program for putting big smiles on our Little Buddies' faces. Your support is greatly appreciated!



Little Buddy, Ximena, was all smiles and all over the place on her new bike!

Dear Jamie,

I'm not sure where this summer is going, but it seems to be flying by faster than usual!

A huge THANK YOU to everyone who supported us this month with Boogie's Buddy Race and The Bash for the Buddies. Whether you were a volunteer, a participant, a sponsor, a donor, a Buddy, an auction item donor, a vendor or helped in some other way, no matter how large or small, you have collectively helped to make a tremendous difference to our community! We really could not do what we do without your help!

While we raised significant funds at these two events, they only account for less than thirds of our annual budget. So if you didn't have a chance to contribute yet this month, we can still use your help! Every contribution counts toward helping the youth of the valley, so please [consider a donation now](#).

If you haven't seen it already, click [here](#) for a special message from the Buddies. And if you've ever wondered what a Buddy Program Case Manager does on a daily basis, check out [this article](#) in The Aspen Times by Senior Case Manager Sarah Evans!

Once again, thank you for your ongoing support!

David Hougg  
Executive Director

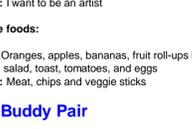
**Lemonade Day 2014 - A Great Success!**

We are happy to report that we were able to reach nearly 750 youth this year with the Lemonade Day curriculum, thanks to the generosity and support of our sponsors and strategic partners.

Nancy & Richard Rogers/Mary Kay Inc., Alpine Bank and the Daniels Fund were all significant contributors who enable us to provide the program free of charge to all grade-school aged youth in the valley.

Key strategic partners were the Crystal River Elementary School, Aspen Elementary School, the Wylie Community Art Center, the Aspen Art Museum, Access Roaring Fork and Summer Adventure.

Congratulations to Lexi Lowe of Basalt, pictured below, for winning "Best Lemonade Stand". Lexi sold her organic lemonade at this year's Bash for the Buddies at the Marolt Open Space on July 10th. Lexi continues to set up her stand each Sunday in Basalt and is very dedicated to her business.



**Wait List Little Buddies: In search of 2 energetic Big Buddies for these energetic twins!**

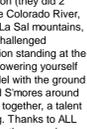
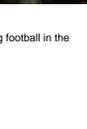
**Little Buddy:** Janette K. (in pink) & Jackie K. (in blue)

**Age:** Both 10

**Live in:** Aspen

**Why you want a Big Buddy:**

**Jackie:** Because a Big Buddy makes me be able to have fun with an adult and learn and do fun stuff and make stuff!  
**Janette:** Because it's fun and we can play with them and do all kinds of things with them like go to an art show or other places in town!



**Favorite activities:**

**Jackie:** Skiing, swimming, cooking, painting on an easel, watercolor, and camping  
**Janette:** Art, skiing, swimming, reading, making designs, walking in town, and art galleries

**When you grow up:**

**Jackie:** I want to be a scientist, pediatrician, doctor, forest ranger, or camping guide  
**Janette:** I want to be an artist

**Favorite foods:**

**Jackie:** Oranges, apples, bananas, fruit roll-ups but not the flat kind, salad, toast, tomatoes, and eggs  
**Janette:** Meat, chips and veggie sticks

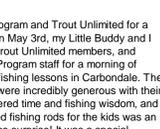
**New Buddy Pair**

**Buddies:** Luis M. & Travis Stewart

**Age:** 12

**Live in:** Carbondale

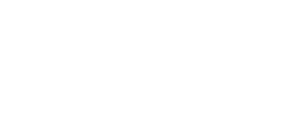
**Paired since:** October 2013- Luis and Travis just transitioned from the School-based Program to the Community Program!



**Favorite activity together so far:** Playing football in the park then eating pizza!

**LEAD: Youth Camp**

Back in mid-June, 27 campers aged 12-18 headed to Moab for our annual 5-day Youth Camp. This year campers hiked and rappelled through Morning Glory Canyon (they did 2 rappels over 100 feet in height!), rafted the Colorado River, explored Onion Creek, rock climbed in the La Sal mountains, took a night hike to the Corona Arch, and challenged themselves through the "Superman" (envision standing at the edge of a cliff, harnessed into a rope, and lowering yourself out in a bird-like fashion until you are parallel with the ground below!). In between busy days, we enjoyed S'mores around the campfire, cooking breakfast and dinner together, a talent show, and lots of singing and guitar playing. Thanks to ALL our guides, campers, and counselors for another amazing camp- we are already looking forward to next year!



**Community Program Activities**

**Hula Hooping**

On May 29th, we hosted our Buddy Hooping activity which was a HUGE success. Using snazzy fabric and colored tape, each Little Buddy created her own unique hoop to keep! Guinness Book of World Records-holder Betty Hoops was a great facilitator—very engaging and worked hard to include even the most timid of hoopers. The group of 8 Buddy pairs learned new hooping tricks and techniques, participated in team relays and races, a limbo contest, and ended the day with some peaceful deep breathing sitting in meditation posture within their hoops. And now the Little Buddies can hoop all summer long with their new Hula Hoops!



**Fishing**

The following was written as a letter to the editor from one of our Big Buddies.

Thank you to the Buddy Program and Trout Unlimited for a great fishing experience! On May 3rd, my Little Buddy and I joined other Buddy Pairs, Trout Unlimited members, and Buddy Program staff for a morning of guided fishing lessons in Carbondale. The guides were incredibly generous with their time to provide the instruction and fishing wisdom, and the gifted fishing rods for the kids was an extra nice surprise! It was a special experience to have Trout Unlimited guides working with our Little Buddies all morning long. I know my buddy had a blast, and I did too!



Thank you both for a great day. We're now hooked on fishing!

Lindsey Palardy  
Big Buddy

**Picnic**

On Families Picnic in the Buddy Program hosted a fun Buddies and Families Picnic in Albany park in Basalt. It was a beautiful summer evening in the park and a perfect night for the bucolic scene of Buddies and families mingling and sharing a great picnic dinner while kids played in the park. Families brought beautifully-prepared traditional dishes to share and all were entertained by Jarrmin Jim's Juggling Show. In all, over 70 people attended and it was so much fun that it will definitely become a summer tradition here at the Buddy Program!



**Climbing**

On July 19th, Buddy Pairs had the unique opportunity to go rock climbing on Independence Pass together. This was a great bonding experience for the Buddy Pairs who were able to support each other in what was for many of them, their first experience climbing. A special thank you to Aspen Expeditions who made this activity possible!



The Buddy Program | (970)920-2130 | [liz@buddyprogram.org](mailto:liz@buddyprogram.org)  
<http://www.buddyprogram.org>  
110 East Hallam Street | Suite 125 | Aspen, CO 81611

Copyright © 2012. All Rights Reserved.

[Forward this email](#)



This email was sent to [jamie@buddyprogram.org](mailto:jamie@buddyprogram.org) | [liz@buddyprogram.org](mailto:liz@buddyprogram.org) | [Update Profile/Email Address](#) | Rapid removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).



The Buddy Program | 110 East Hallam Street | Suite 125 | Aspen | CO | 81611