

5-mile course.

- Starting facing west at Rio Grande park
- Head out down the Rio Grande trail
- Turn left at the Rio Grande trail intersection heading up towards the post office
- Cross Puppy Smith st
- Continue on the trail behind the post office and up behind the Red Brick center
- Run along Francis st
- Turn left at Francis and 7th st
- Turn right onto Hallam st/82
- Cross the bridge
- Cross cemetery lane
- Run DOWN cemetery lane
- Turn onto the Rio Grande trail at Henry Stein park
- Continue down valley on Rio on the gravel path to the turn around
- Turn around at the Sunny side trail head
- Continue back up valley on the Rio Grande
- Pass the aid station at Henry Stein park
- Under the bridge and all the way back up Rio Grande trail
- Turn RIGHT at the intersection of Rio Grande heading back to Rio Grande park
- Finish at Rio Grande Park